

## **AUGUST 2020**

Thankfully some of our local pools have started to open again and swimmers are able to get some lengths back in the chlorine. Unfortunately the pool that we were planning to use this season isn't yet open again as the pool operators are reopening their facilities in a phased approach.... our little pool isn't among the first phase and we don't yet have a reopening date. We will let you know as soon as we do - fingers crossed it will be sooner rather than later!

In the meantime, 1 to 1 and small group sessions are available most days at Lake 86 and some evenings depending on lake opening hours. The Lake is just amazing at the moment and water temperature is hovering around 20 degrees. It's absolutely fab in the water even on a choppy, windy, rainy day like today!

Additional COVID19 related requirements remain in force and Tamara will send you details of all these when you book your first session

The new GoPro is now here ... video sessions are on their way (as soon as I can work out how it works!!!)