

F E B R U A R Y 2 0 2 1

Following on from the government announcement earlier this week and the plans to lift the Lockdown restrictions in England, we are very excited that the prospect of a return to the water and to coaching is now in sight.

Lake 86 (where our open water sessions take place) reopens from 2nd April BUT.... the water will still be very cold in early April. Coaching sessions will not start until the water reaches double figures *at the very earliest* and time in the water will be considerably shortened/limited to ensure everyone is safe. Although we appreciate that people will be especially keen to get back in the water this season, most of us haven't been able to swim outdoors over the winter and to stay acclimatised to the cold.

We are awaiting confirmation from the pool operators at Milton Road Health Hydro but are hopeful that our pool sessions will resume from 12 April *for 1 to 1 coaching only*

Keep an eye on our Facebook page for updates and the latest news!